

# CPTC 2010 - GUEST/SOCIAL PROGRAM

(Separate registration and sign-up required for all guest/social activities)

Time	Sun. May 16	Mon. May 17	Tues. May 18	Wed. May 19
EARLY RISER WALK OR RUN		<b>6:30-7:30 am</b> Meet trainer in hotel lobby; walk or run along Rideau Canal	<b>6:30-7:30 am</b> Meet trainer in hotel lobby; walk or run along Rideau Canal	
REGISTRATION DESK OPEN	<b>7:00 am – 6:00 pm</b>	<b>7:00 am – 6:00 pm</b>	<b>7:00 am – 6:00 pm</b>	<b>7:00 am – 2:00 pm</b>
BREAKFAST		<b>8:00-9:00 am</b> • <b>Continental Breakfast</b> ( <i>All delegates &amp; registered guests</i> ) • Immaculata Catholic High School Music Group	<b>8:00-9:00 am</b> • <b>Continental Breakfast</b> ( <i>All delegates &amp; registered guests</i> ) • Canterbury High School Music Group	<b>8:30-10:00 am</b> <b>Breakfast and Keynote Speaker Rex Murphy</b> , Commentator for The National, Host of CBC Radio's Cross Country Check-Up and The National Post Columnist ( <i>All delegates &amp; registered guests</i> )
MORNING	<b>8:00 am-4:00 pm</b> <b>Golf Event</b> – Emerald Links Golf and Country Club (Separate sign-up required)  <b>10:00 am-3:00 pm</b> <b>Choice of 1 Tour Option:</b> (Separate sign-up required) 1. Diefenbunker Walking Tour and Lunch at DiVino Wine Studio and Enoteca 2. City Bus Tour & Rideau Canal Cruise (lunch on own in Byward Market)	<b>9:00-10:30 am</b> • Opening Ceremonies ( <i>All delegates &amp; registered guests</i> ) • Keynote Speaker – <b>Brian Williams</b> , CTV/TSN Sports Broadcaster  <b>10:45 am-3:30 pm</b> <b>Choice of 1 Tour Option:</b> 1. Rockcliffe Park, Governor General's Residence, Walking Tour of Byward Market, Lunch and Shopping on Own 2. Le Nordik Spa (Includes lunch, sauna, steam and hot/cold baths; other spa services are extra)	<b>9:30 am-2:45 pm</b> Tour of Parliament Hill, Lunch at the Ottawa Technical Learning Centre, Museum of Civilization  <b>11:00 am-4:00 pm</b> <b>CPTC TRADE SHOW</b> (Aberdeen Pavilion, Lansdowne Park)  Shuttle transportation to/from Trade Show available from 10:30 am – 6:00 pm	<b>10:15 am-12:15 pm</b> Wellness Workshop – “Live Well! Live Lean! Live Fit!” Tony Greco, Renowned Health and Wellness Guru
LUNCH	Available during above tours or golf event	<b>12:00-1:00 pm</b> <b>Networking Luncheon</b> ( <i>All delegates &amp; registered guests</i> ) <b>OR</b> Lunch (pay own) as per morning guest activities	<b>11:30 am-1:00 pm</b> <b>Complimentary Lunch available on Trade Show Floor</b> <b>OR</b> Lunch as per morning guest activities	<b>12:15-1:15 pm</b> <b>Networking Luncheon</b> ( <i>All delegates &amp; registered guests</i> ) • Conference Wrap Up Video and Closing Remarks
AFTERNOON	<b>3:15-5:00 pm</b> Tour of Parliament Hill & Peace Tower (Separate sign-up required)	<b>1:00-3:30 pm</b> <b>(AM Tour CONT'D)</b> Registered guests on own unless registered for morning guest activities	<b>1:00-2:45 pm</b> <b>(AM Tour CONT'D)</b> Registered guests on own unless registered for morning guest activities	<b>1:30-3:30 pm</b> <b>Industry Tour</b> – Environment Canada Laboratories (Emission testing) ( <i>All delegates &amp; registered guests</i> )
EVENING	<b>5:00-7:00 pm</b> <b>Welcome Reception, Networking &amp; Entertainment</b> with the Jazz Pollcats and a panoramic city view! ( <i>All delegates &amp; registered guests</i> )	<b>5:30-7:30 pm</b> <b>CPTC Happy Hour &amp; Networking</b> at “Foundation” in the Byward Market. Remainder of evening on own ( <i>All delegates &amp; registered guests</i> )  <b>5:00-7:30 pm</b> Shuttle bus between Crowne Plaza Hotel and “Foundation”  <b>7:30-11:30 pm</b> Shuttle bus between Crowne Plaza Hotel, Byward Market area and Casino du Lac-Leamy	<b>6:00-9:30 pm</b> <b>Gala Banquet &amp; Entertainment</b> ( <i>All delegates &amp; registered guests</i> ) • Announcement of 2012 CPTC city location • Announcement of 2014 CPTC Provincial/Territorial location • Entertainment: “Outerbridge Magical Moments in Time”	

All program timing and elements subject to change at any time.